

APPENDIX C

AVALANCHE SEARCH AND RESCUE TECHNIQUES

The effect of an avalanche can be disastrous. Chances of survival after burial by an avalanche are approximately 90 percent if the victim is located within the first 15 minutes. Probability of survival drops rapidly and, after two hours, chances of survival are remote. Suffocation accounts for 65 percent of avalanche fatalities, collision with obstacles such as rocks and trees accounts for 25 percent, and hypothermia and shock accounts for 10 percent.

The best chance of survival in snow country is to avoid an avalanche; but, if a member of your group is in an avalanche, they are depending on you for rescue!

C-1. IMMEDIATE ACTION

Survivors at the avalanche site organize into the first rescue team and immediately start rescue operations. If any indication of the location of the victim is found, random probing starts in that vicinity. The tip and edges of the slide are also likely areas to search. A human body is bulky and is apt to be thrown toward the surface or the sides.

C-2. GENERAL PROCEDURES

Establish from witnesses where the victim was located just before the avalanche to determine the point where the victim disappeared—the “last seen” point. Using this and any other information, establish a probable victim trajectory line leading to high priority search areas. Make a quick but systematic check of the slide area and the deposition area, and mark all clues. Look for skis, poles, ice axes, packs, gloves, hats, goggles, boots, or any other article the person may have been carrying—it might still be attached to the victim.

a. Organize initial searchers and probers. If using avalanche beacons, immediately select personnel to begin a beacon search. Ensure all other beacons are turned off or to receive to eliminate erroneous signals. All personnel should have a shovel or other tool for digging or, if enough personnel are available, a digger can be standing by to assist when needed. If the initial search reveals items from the victim, make an initial probe search in that area. This probing should take only a few seconds.

b. Make a coarse probe of all likely areas of burial, and repeat it as long as a live rescue remains possible. Resort to the fine probe only when the possibility of a live rescue is highly improbable. Unless otherwise indicated, start the coarse probe at the deposition area.

C-3. ESTABLISHING THE VICTIM’S MOST PROBABLE LOCATION

In many respects, a moving avalanche resembles a liquid. A human body, with a higher density than the flowing snow, would be expected to sink deeper and deeper into the avalanche; however, several factors influence the body’s location. Turbulence, terrain, and the victim’s own efforts to extricate himself all interact to determine the final burial position. Study of a large number of case histories leads to the following conclusions.

- The majority of buried victims are carried to the place of greatest deposition, usually the toe of the slide.
- If two points of the victim's trajectory can be established, a high probability exists that the victim will be near the downhill flow line passing through these two points.
- Any terrain features that catch and hold avalanche debris are also apt to catch a victim.
- If an avalanche follows a wandering gully, all debris deposit areas are likely burial spots. The likelihood of a victim being buried in a particular bend is proportional to the amount of debris deposited there.
- Vegetation, rocks, and other obstacles act as snares. The victim tends to be retained above the obstacle. An obstacle may simply delay the victim's motion, leading to final burial down flow from the obstacle.
- Maximum speed of the flowing snow occurs at the avalanche center. Friction reduces flow velocity along the edges. The closer the victim's trajectory is to the center of the slide, the greater will be his burial depth.
- Efforts of the victim to extricate himself by vigorous motion and "swimming" definitely minimize burial depth. Conversely, the limp body of an unconscious victim is likely to be buried deeply.
- An occasional exception to the above is emphasized. The victim may not be buried but may have been hurled away from the avalanche by wind blast. In the case of large and violent avalanches, a search of the surrounding terrain is advisable. Victims have been located in tree tops outside the slide area.

Use of avalanche transceivers is the most efficient method of searching for an avalanche victim, but only if the victim is wearing an active transceiver. Many models of transceivers are available, each with its own manufacturer's instructions for proper use and care. All currently available transceivers are compatible, although they may operate differently in the search mode.

C-4. PROBING FOR AVALANCHE VICTIMS

Probing offers the advantage of requiring simple equipment that can be operated by personnel with no previous training. Although the probers do not need previous training the search leader must be familiar with the technique to ensure proper execution of the probe line.

a. **Probe Poles.** Rigid steel tubing approximately 3/4-inch in diameter and approximately 10 feet long is recommended for the primary probe pole. Longer poles are difficult to manage, especially in a high wind. Although this type of pole performs best, it is difficult to transport to the avalanche site because of its length and weight.

(1) Each person operating in avalanche areas should carry folding sectional poles. These poles are similar to folding tent poles, but are stronger and are connected with cable instead of bungee cord. These poles should be carried on the outside of the pack for immediate access.

(2) If no probing poles are available, initial probing attempts can be started using ski poles in one of two ways: the ski pole can be reversed, probing with the wrist strap down; or the basket can be removed so that the point is down (the preferred method), which allows the ski pole to penetrate the snow more easily.

b. **Probing Lines.** For the probing operation to be effective, probing lines must be orderly and properly spaced. To ensure systematic and orderly probing, the number of personnel per line should be limited. Twenty per line is satisfactory, while thirty is normally the upper limit. The number of probers in the line will be dictated by not only the width of the area to be probed but the number of personnel available. A string may be used to keep the probe lines aligned, but will require added time to maintain.

(1) The probe line maintains a steady advance upslope. Advancing uphill automatically helps set the pace and permits easy probing to the full length of the probe. Probing does not come to a halt when a possible contact is made. The probe is left in contact and the line continues. A shovel crew follows up on the strike by digging down along the pole. Extra probes are carried by the shovel crew to replace those left in contact. Such a plan of operation is especially important when more than one victim is buried.

(2) Striking a body gives a distinct feel to the probe, which is easily recognizable in soft snow but less recognizable in hard compacted snow. A common problem is encountering debris within the snow that can be mistaken for the victim. The only sure check is by digging.

c. **Probing Techniques.** Two distinct probing methods are recognized: coarse probe and fine probe. As evidenced by their names, coarse probing implies a wider spacing of probe pole insertions with emphasis on speed. Fine probing involves close-spaced probing with emphasis on thoroughness. Coarse probing is used during initial phases of the search when live recovery is anticipated. Fine probing is the concluding measure, which almost guarantees finding the body. The coarse probe technique has a 70-percent chance of locating the victim on a given pass, while the fine probe has, essentially, a 100-percent chance of locating the body.

(1) The coarse probe functions as follows:

(a) Probers are spaced along a line 30 inches center to center, with feet about 15 inches apart.

(b) A single probe pole insertion is made at the center of the straddle span.

(c) On command of the probe line commander, the group advances 20 inches and repeats the single probe.

(d) Three commands are used for the complete sequence:

- “DOWN PROBE.”
- “UP PROBE.”
- “STEP FORWARD.”

By using these commands, the leader can maintain closer control of the advancing probe line. It is important that the commands be adjusted to a rhythm that enforces the maximum reasonable pace. A string may also be used along the probe line to keep the probers dressed, although this requires the use of two soldiers to control the string. Strict discipline and firm, clear commands are essential for efficient probing. The probers themselves work silently.

(2) The fine probe functions as follows:

(a) Probers are spaced the same as for the coarse probe. Each man probes in front of his left foot, then in the center of his straddled position, and finally in front of his right foot.

(b) On command, the line advances 1 foot and repeats the probing sequence. Each probe is made 10 inches from the adjacent one.

(c) The commands for the fine probe are:

- “LEFT PROBE.”
- “UP PROBE.”
- “CENTER PROBE.”
- “UP PROBE.”
- “RIGHT PROBE.”
- “UP PROBE.”
- “STEP FORWARD.”

(d) Good discipline and coordinated probing is even more important in fine probing than with the coarse probe. Careless or irregular probing can negate the advantages of fine probing. Use of a string to align the probers is especially important with the fine probe. The three insertions are made along the line established by the string, which is then moved ahead 1 foot.